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Client Information Form

A. Identification

Client name: _____ Date of birth: _____ Age: _____
Address: _____ City: _____ State: _____ Zip: _____
Home/evening phone: _____ e-mail: _____
Cell Phone: _____ Is it OK to leave a message? _____

B. Emergency information

If some kind of emergency arises and I cannot reach you, or I need to reach someone close to you, whom should I call?

Name: _____ Phone: _____ Relationship: _____
Address: _____

C. Chief concern

Please describe the main difficulty that has brought you to see me: _____

D. Your medical care:

1. From whom or where do you get your medical care?

Clinic/doctor's name: _____ Phone: _____
Address: _____

2. Please list *all* diseases, illnesses, important accidents, and injuries, surgeries, hospitalizations, periods of loss of Consciousness, convulsions/seizures, and any other medical conditions you have had.

Age	Illness/Diagnosis	Treatment Received	Treated By	Result
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3. Do you have any allergies? _____ If yes, please list allergen and reaction

4. List *all* medications, drugs, or other substances you take or have taken in the last year--prescribed, over-the-counter, vitamins, herbs, and others. _____

5. What kinds of physical exercise to you get? _____

6. Do you have any problems getting enough sleep? _____

7. Have you received the COVID19 Vaccination? _____ Date Recieved (1st Dose) _____ (2nd Dose) _____

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E. Treatment

1. Have you ever received psychological, psychiatric, drug or alcohol treatment, or counseling services before?

No Yes If yes, please indicate:

When? From whom? For what? With what results?

2. Have you ever taken medications for psychiatric or emotional problems? No Yes If yes, please indicate:

When? From whom? Which medications? For what? With what results?

F. Chemical use

1. How many cups of caffeinated beverages (coffee, tea, soda, energy drinks) do you drink each day? _____

2. How much tobacco do you smoke or chew each week? _____

3. How much beer, wine, or hard liquor do you consume each week, on the average? _____

4. Have you ever used illegal drugs (marijuana, cocaine, heroin, methadone, etc)? No Yes

If yes, which and when? _____

G. Your education and training

What is the highest grade you completed? _____ Where: _____ When? _____

H. Employment

Current Employer: _____ Job Title: _____

I. Legal history

1. Do you have any outstanding legal concerns (court cases, traffic tickets, criminal cases, incarcerations, probation, etc)? If yes, please explain _____

J. Other

Is there anything else that is important for me as your therapist to know about, and that you have not written about on any of these forms? If yes, please tell me about it here or on another sheet of paper: _____

This is a strictly confidential patient medical record. Redisclosure or transfer is expressly prohibited by law.